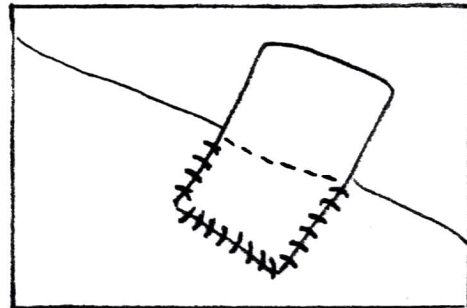


SEWING POINTE SHOE RIBBONS

1. 2 ½ yards of 7/8" wide pink satin/grosgrain ribbon is needed for each pair of pointe shoes. This type ribbon is shiny on one side and rough grosgrain on the other. The grosgrain side will be placed toward the leg to help grip the tights and hold the shoe in place.
2. Place the two ends of ribbon together and cut in half. Fold each half and cut again. You now have four 22 ½" lengths of ribbon.
3. Next, take the pointe shoe and fold the heel forward from the end of the shank toward the box. Mark the shoe in the crease with a pencil. Mark another line approximately 1" in front of the first on the same diagonal.
4. Take one section of ribbon. Fold under one end about ¾" **shiny sides together**.
5. Place the folded end between the marks on the shoe. The raw edge should be even with the bias tape edging of the shoe. **The shiny side of the ribbon should face outward, toward the outside of the shoe. The grosgrain side faces inward.**
6. With a double strand of heavy thread, sew small whipstitches, around two sides and bottom of the ribbon. Go through all thickness of ribbon, but only through the white canvas shoe lining. **Stitches should not go through the satin to the outside.** When sewing across the top, use a running stitch catching only a little of the bias tape casing. **Be careful not to sew through the drawstring.**
7. Repeat steps 4 through 6 with other 3 lengths of ribbon.
8. To prevent raveling, run the ribbon end very quickly through a match flame which will melt the nylon fibers.



SEWING POINTE SHOE ELASTIC

1. Use 5/8" wide elastic cut to fit snugly from the back of the heel, around the ankle and back to the heel again.
2. Position the elastic on the inside of the shoe at a slight angle, **taking care not to overlap the center back seams of the shoe.**
3. Sew the elastic in the same manner, with a whipstitch down one side, across the bottom and up the other side. It is not necessary to secure the elastic to the casing of the shoe.

